

## Training events

### Free financial education programme for young people

**MyBnk**

MyBnk have secured funding to deliver their Money Works programme to organisations on a free of charge basis. The funding covers Westminster as well as other boroughs.

Money Works is an interactive 8-hour programme delivered over 2 or 4 visits. It is for groups of minimum 6, maximum 15 young people aged 16 – 25. Those who complete get a level 1 personal money management qualification.

For more information, please contact: Mette Barker, Partnership Manager [mette@mybnk.org](mailto:mette@mybnk.org)  
Tel: 0203 581 9920 Mob: 07896 992 254

### Free Specialist VAWG Training – bookings now open!

Women and Girls Network (WGN) is offering a series of short courses to support practitioners who are working directly with, or are responsible for the safeguarding of young people. WGN has been commissioned to deliver Violence Against Women and Girls services to the Tri-borough partnership areas of Hammersmith & Fulham, Kensington & Chelsea and Westminster. This training is available to practitioners in the Tri-borough partnership areas only. The following courses are available to book as half day (3hr) sessions:

*Child Sexual Exploitation* - increase awareness and knowledge of; the definition and types of CSE, risk indicators and vulnerability factors, the grooming process and legislation and guidance that supports work with CSE

*Self-Care/Professional Resilience* - explores what self-care is, the impact of vicarious trauma and how to develop strategies for enhancing and maintaining personal and professional resilience. Participants will undertake a self-care assessment and needs audit to develop a self-care action plan

*Trauma Responsive Approach: Part 1* - provides an overview of the neurobiological impact and processes of trauma on the brain; how this can effect brain development and the possible long term impact and consequences of trauma.

*Harmful Practices: A Trauma focussed Approach* - greater understanding of the global and traumatic impact of Harmful Practices on women: female genital mutilation (FGM) forced marriage (FM) and Faith based Abuse (FBA). Focuses on clinical conceptualizations including, Developmental Trauma, Post Traumatic Stress Disorder and Complex Traumatic Stress Disorder

*Engaging Young Women* - increase practitioner's awareness and knowledge of the barriers to young women's process of engagement and disclosure, while demonstrating techniques and interventions to support positive engagement and disclosure with young women.

Sessions are available December 2016 - March 2017, for more information about how to book a training session for your organisation or attend as an individual, contact: Parveen Betab:

[parveen.betab@wgn.org.uk](mailto:parveen.betab@wgn.org.uk)

## News

### Commission on Children and Young People's Mental Health

#### Children and young people's mental health: time to deliver

This is the final report from an independent commission that was tasked to reflect on the progress made in transforming children and young people's (CYP) mental health services following the government's promised investment of £1.4bn. The report highlights that the government decision not to ring-fence the CYP funding is putting the transformation process at risk. The commission also found that there is little clarity around whether the CYP funding is reaching frontline services, and with increasing pressures on the NHS, there is a risk that the investment may be spent on other priorities.

<http://epi.org.uk/wp-content/uploads/2016/11/time-to-deliver-web.pdf>

### Alcohol in the System

Alcohol in the system was funded by [Trust for London](#) to develop a 12-month project exploring the link between alcohol consumption amongst young people and youth offending.

Evidence from the "What about youth" survey (2014) suggests that fewer young people are drinking alcohol than they did in the past. However, despite recent declines, the proportion of children in the UK drinking alcohol remains well above the European average - and the majority of 17 year olds do drink alcohol.

The Prisoner Crime Reduction survey found that young people (41%) were more likely to state that their offending was 'a lot' or 'always' linked with alcohol consumption compared to older prisoners (30%), with 47% of young adults citing that drinking less will stop them re-offending.

This project aimed to place young people known to the criminal justice system and who had drunk alcohol at the heart of the project. [The full report is available to read here.](#)

### Government set to publish three-year youth strategy

The government will [publish a new strategy](#) for youth services in the coming months, it has been announced. Speaking at the Ambition UK 2016 conference in Milton Keynes, youth minister Rob Wilson said a youth policy statement intended to cover the three-year period up to 2020, will bring together a "clear narrative and vision" for how best to help young people. "I am delighted to announce that over the coming months we will be developing a new youth policy statement," he said.

## CYP Network meetings

### Tuesday 14th February 2017, 10 – 12.00 at Paddington Arts

John Lyon's Charity and Westminster Amalgamated Charity attending to talk through how they support local charities working with children and young people.

*Merry*  
CHRISTMAS AND A HAPPY  
*New Year*