

# HEALTH AND WELLBEING NETWORK



**Tuesday 5 March 2019, 10.30am – 12.30pm**  
**Greenhouse Sports, 88 Bell Street, NW1 5NS**

**Chair:** Nada Calovska, BWW Mind

**Facilitator:** Concia Albert, One Westminster

Item	Notes	Consideration
1	<b>Welcome and introduction and apologies</b>	
	PL announced the housekeeping rules at Greenhouse Sports. JR introduced the new Chair Nada Calovska to the Network. NC welcomed everyone to the meeting and introduced the agenda to the network.	
2	Lindsay Topham - <b>Health Help now</b> , North West London Collaboration of CCG's	
	<a href="#">NWL Collaboration of CCG's presentation</a> The Health Help Now app is designed to be the front door for the new services such as Personalisation. The app is currently only available in English, but key messages are available in other languages.	To make an easy read version available.
3	Rebecca Mccaw & Zahra Parvar - <b>Primary Care Network (Hub) pilot in Westminster</b> , Central London CCG	
	<a href="#">Central London CCG Presentation</a> Integrated Community Team Pilot – ICT Regent's Canal and Paddington presentation focused on the opportunities for the voluntary sector as well as the scale of the pilot.	The cuts to VCS service such as Open age & Penfold Hub needs to be looked at in light the commitment to SP
4	Nafsika Thalassis - <b>Multi-language emotional wellbeing course</b> , BME Health Forum	
	<a href="#">BME Health Forum presentation</a> NT spoke of the impact and the outcomes of the training. Details of these can found on the link to the presentation above.	
5	Jackie Rosenberg – <b>Update on the "Healthier Families, Healthy Lives" tender</b> , One Westminster	
	The bi-borough “wants to move towards a service for children, young people and their families that promotes health and wellbeing through physical activity and healthy eating across generations and within local communities.” The contract will be for 5 years (possibly a 3+2 model).” More information will be available when the tender is release. This is expected to happen in early April 2019.	

6	<b>Organisations Roundtable discussions</b>	
	<a href="#">Roundtable discussions</a> How can we as the Health and Wellbeing Network provide a platform that will allow people living with long and enduring mental health needs support that is free and accessible?	
7	<a href="#">Organisations Updates</a>	

## ATTENDANCE LIST

First Name	Last Name	Job Title	Current Employer
Concia	Albert	Health and Wellbeing	One Westminster
Anna	Porta	Development Manager	Westway Community Transport
Simon	Thompson	CEO	Brent Wandsworth & Westminster Mind
Andrew	Varley	CEO	St. Vincent's Family Project
Hayley	Turner	Health and Wellbeing Manager	Kensington & Chelsea Social Council
Kate	Gielgud	Health info coordinator	Westminster Libraries and Archives
Tayla	Steckoll	Referral Generation Officer	One You
Carly	Connolly	Business Development & Fundraising Manager	Age UK Westminster
Adel	Aburas	Information, Events and Training Support Officer	One Westminster
Jason	Owusu	Discover Recruiter	Imperial College Health Partners
Sonia	Benitez	Head of Services	Carers Network
Rafat	Kiani	Manager	Henna Asian Women's Group
Lamees	Lefta	chair person	Hadith Al Ummah
Miriam	Philip	Deputy Manager	Home-Start Westminster
Habiba	Haque	Program managing assistant	Mosaic Community Trust
Godwyns	Onwuchekwa	Engagement Lead	Healthwatch Central West London
Fahmida	Yasmin	Outreach worker	Mosaic Community Trust
Nada	Calovska	Services Manager	Brent Wandsworth & Westminster Mind
Barrie	Taylor	Board Member	Paddington Youth Enterprises - Trees for Christmas
Bee	Burgess	Outreach Manager	Open Age
Nick	Hopkins	Day Services Manager - Outreach	Octavia Housing & Care
Jackie	Rosenberg	CEO	One Westminster
Nafsika	Thalassis	Director	BME Health Forum
Anna	Jones	Sport Volunteer Coordinator	Groundwork London
Rebecca	McCaw	Programme Manager	Central London CCG
Zahra	Parvar	Project Manager	Central London CCG
Davide	Marullo	Organisational Development/PVP Officer	One Westminster
Peter	Le Rossignol	Community Engagement & Volunteering Manager	Greenhouse Sports

Lindsay	Topham	Digital Innovation Officer	North West London Collaboration of CCGs (NWLCCCGs)
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*The information above will appear in minutes for this meeting which will be made available to all the attendees and published on One Westminster's website.*