

## Roundtable Discussions

**How can we as the Health and Wellbeing Network provide a platform that will allow people living with long and enduring mental health needs support that is free and accessible?**

### **Table 1:**

- 1) Small community-based organisations can train local people as mental health advocates to help provide free and accessible services to support people in the community who have a long-term mental health need.
- 2) More GP's need to work alongside small community-based organisation and refer patients who are in need of support long term.

### **Table 2:**

Organisations to make contact with training centres for counsellors who would probably need to practice clients for their accreditation and be available to offer sessions on a voluntary basis (university students/ college students also). All the sector would have to provide is the space.

### **Table 3:**

- 1) Pre-existing information on the internet that is easily accessible.
- 2) Home visits for older people by volunteers.
- 3) Locality link worker
- 4) Literature through social network (local stores / supermarkets)
- 5) Hubs
- 6) Educate families about providing a suitable atmosphere

### **Table 4:**

- 1) This is too big a question
- 2) Information & sharing knowledge
- 3) Funding to look at what we mean by platform?
- 4) What will it look like?
- 5) Ask those living with long and enduring mental health needs.

**Table 5:**

1) Qualify for care and support through

- NUS – Accessibility for all
- C.A – Community Care

2) Commissioning – Focused prognosis is poor – which then leads to relapses.  
Under the Mental Health Act S117 states free after care:

(**Aftercare** is the help you will get in the community after you leave hospital. This can cover all kinds of things like [healthcare, social care and supported accommodation](#).)

Section 117 of the Mental Health Act says that aftercare services are services which are intended to:

- meet a need that arises from or relates to your mental health problem, and
  - reduce the risk of your mental condition getting worse, and you having to go back to hospital)
    - Services what promote recovery & wellbeing.
    - Building skills - Relationship ADL.
    - Impact / outcomes – working with targeted services
- 3) Lobbying as a collective
- We benefit
- 4) Sharing resources
- 5) Informed consortium approach
- 6) Grants
- Evaluation
  - Impact
  - Outcomes to build the voluntary sector
- 7) Shared learning and build on community assets
- 8) Partnership, Partnership, Partnership