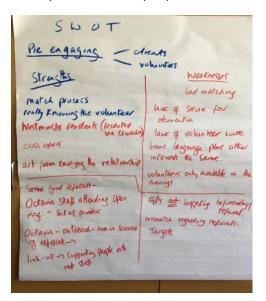


## **Older People's Service Providers Network – Befriending Subgroup**

## Notes from meeting held Tuesday 10<sup>th</sup> July 2018 at One Westminster.

Attendance - please see list below. Apologies: Caz from The Abbey Centre.

- Jackie introduced looking at the possibility of making a funding bid to support key aspects of befriending older people work in Westminster. Potential funders – Big Lottery and the anticipated Loneliness Fund. A partnership bid, supporting all our work, would add to and would not inhibit or block individual organisation's from making their own bids to these or other funders.
- 2. The meeting decided to do a SWOT analysis, looking at what works well and what doesn't currently for socially isolated older people and for volunteers:



- 3. We identified some key factors and strengths which would be relevant in developing joint working:
  - a. Locality-based services (recognising NHS locality developments)
  - b. Speciality services within the sector e.g. Resonate Arts for Dementia; Octavia Link Up team; Third Age Counselling.
  - c. Ability to share volunteers if one group has a surfeit.
  - d. Good referrals already between projects (and Open Age encourage self-referral).
- 4. From this and the ensuing discussion, the meeting started to consider opportunities as identified unmet needs. We also identified the Octavia Foundation as having a very key role in provision for older people in Westminster a likely leader for any partnership.
  - a. We listed those issues which currently put clients beyond volunteer befriending reach
    - i. Significant dementia (Resonate work with, but have limit to capacity)
    - ii. Higher risk mental health issues
    - iii. Language needs that can't be matched to
    - iv. Particularly challenging personal and/or home hygiene
    - v. Unmet care needs which needs to be addressed as a priority over befriending
    - vi. 'Refuseniks' people who refuse help but are isolated and lonely.
  - b. Need for extra training programme for volunteers to enable them to be matched with these need, primarily those with dementia

- c. Extra outreach and/or training within BAME community organisations to encourage recruitment of mother tongue befrienders.
- d. Promotion of befriending within Westminster
  - i. Possible 'ambassador' role linking and promoting referrals
  - ii. Event bringing together befriending projects and Care Navigators/GPs.

## e. Next steps

- i. Emma (OW) will collect info about all the current befriending projects
- ii. Next Subgroup meeting will be a workshop, sharing and exploring fully current induction and training provided by projects. To include:
  - 1. Essential aspects of induction each project identifies
  - 2. Philosophy/approach to befriending
  - 3. Desirable extras
  - 4. What is expected of volunteers
- 5. DATE of NEXT MEETING Wednesday 26<sup>th</sup> September

Suggestion is that we have the subgroup meeting as a workshop over lunch, after the OPSP Network meeting on Isolation.

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## ATTENDEES