

# OLDER PEOPLE SERVICE PROVIDERS NETWORK

January 28th, 2020 10:00 AM – 12:00PM

1. **Attendance** – please see contact list below
2. **Notes from last meeting:** Sheila Drexler, one of the counsellors from Woman's Trust, gave a very powerful presentation about domestic abuse and the work WT does to help women recover from it. Concia Albert from One Westminster gave a presentation on Social Prescribing and the proposed 4 hubs (Primary Care Networks or PCNs) for Westminster GP services, which will include social prescribing services managed by One Westminster.
3. **How can the Network become more proactive setting the agenda to improve services for older people in Westminster?** The meeting split into small groups to discuss and then share ideas for our future work.
  - a. Ideas included: not a clear picture of need, need for good data; uncertainty around greatest need v preventive services; the role of housing associations who do not attend Network; representing the voice of older people – advocacy, Senior Citizens Forum; joint meeting with K&C OP Network; be more proactive re events eg Silver Sunday, perhaps hold Westminster/bi-borough OP event..
  - b. Decided that Reena, Mehruz and Ritushree would communicate with Emma to put together ideas to inform proposed agenda for future meetings.
  - c. Emma will pull together information share for the start of meetings in future – leaflets from members re activities, screen share of resources.
4. **NHS NW London 3<sup>rd</sup> Sector leadership group – selecting representative(s) to attend and report back.** The meeting agreed that Reena, as Director of Octavia Foundation and chair of the Network, and Mehruz, as CEO of Age UK Westminster, were best placed to represent the OP VCS and report back to the Network. Phayza also expressed interest and will be put forward as a rep from the Health & Wellbeing Network.
5. **Updates**
  - a. Westway transport have grants re transport <https://westwayct.org.uk/innovation-fund/> or email Anna for more information.
  - b. The Advocacy Project – service users have created videos on safety at home and safeguarding – which they are also keen to bring out to show people, contact Ritushree.
  - c. Befriending Project at OW has spare volunteers – people who want to befriend for whom OW doesn't have matches – contact Natalie.
  - d. Abbey – has been able to hold series of tea parties through support of CSR volunteers.
  - e. AgeUK London is involved in a campaign called Flu Fighters – encouraging older people to be champions of getting flu vaccination.

## Date of next meeting

Next meeting of Befriending Network: *March 17<sup>th</sup>, 10.30am at One Westminster.*

Next meeting of OPSP Network to be confirmed.

<b>Name</b>	<b>Job Title and Organisation</b>	<b>Email</b>
Anna Porta	Development Manager Westway Community Transport	annaporta@westwayct.org.uk
Jane Buttigieg	Manager, ETAT	janebuttigieg@hotmail.co.uk
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Liz Rickarby	Keep Active Westminster Coordinator Bishop Creighton House	erickarby@creightonhouse.org
Phayza Fudlalla	Head of Community Programmes Abbey Community Association	phayza.fudlalla@theabbeycentre.org.uk
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Concia Albert	Health and Wellbeing Officer	c.albert@onewestminster.org.uk
Reena Mukherji	Director, Octavia Foundation	<a href="mailto:reena.mukherji@octaviafoundation.org.uk">reena.mukherji@octaviafoundation.org.uk</a>

### **Attendees at Network meeting Jan 28<sup>th</sup> 2020**