

**Attendance** – please see contact list below

**Notes from last meeting:** the meeting looked at Dementia Care in Westminster. Notes from the meeting are available [here](#), or via the Networks section on the One Westminster website, where you will also find the presentation slides <http://www.onewestminster.org.uk/older-peoples-network>

1. Sheila Drexler, one of the counsellors from Woman's Trust, gave a very powerful presentation about domestic abuse and the work WT does to help women recover from it. The full presentation is available [here](#). Discussion points included the need for staff to be aware of the possibility of domestic abuse (current and/or in the past) when they are meeting older people and carers – the need therefore for staff training and DA policy within our organisations.
2. Concia Albert from One Westminster gave a presentation on Social Prescribing – which is available [here](#). There was discussion about the proposed 4 hubs (Primary Care Networks or PCNs) for Westminster GP services, which will include social prescribing – funded posts, but no money to follow the patient to the VCS or other provider. GPs will essentially be running primary healthcare services within each locality – in Westminster these are Regents Park/Paddington; St John's Wood/Maida Vale; South Westminster; West End & Marylebone. CCGs will merge to become much larger overseers.
3. Updates from members
  - Breathe Easy, Tessa – drew attention to Health Help Now, a new NHS app which is intended to largely replace calling 111. Also the Kew Gardens do a good offer for charities (£36.00 to join, then 60 free visits) available [here](#)
  - Octavia: Raksha is now heading all the Octavia older people's work as one team – 121 befriending, group befriending, outreach and activities.
  - Befriending Network – will arrange another meeting soon.
4. Next meeting: tbc. date in January 2020. Venue tbc.
  - Topics: 1. Update on Social Prescribing
  2. Review of OPSP Network – what do we want for it for 2020? Is it useful and meaningful? How do we become more proactive in setting the agenda for older people's services in Westminster?

ATTENDEES and their contact details

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