



Services for people with dementia in Westminster

Terezie Wickenden – Westminster Dementia Adviser,
London Care

Emma Nutland – Resonate Arts)

Statistics

- 1,800 people living with dementia in Westminster, approx. 50% aged 85+
- Number of people living with dementia is estimated to rise by 45% for Westminster by 2030.
- In 2015, WL CCG had a diagnosis rate compared with expected prevalence of 73%, and CL CCG 72% (66% in London and 65% nationally)
- Some communities in Westminster harder to reach in terms of diagnostic/post-diagnostic support

Role of primary care



- Initial screening
- Taking a 'history' of the person
- Physical examination and tests – to rule out other treatable causes, blood test
- Mental abilities test
- Reassures the person or makes a diagnosis of dementia
- Sends them for a specialist assessment to the Memory Service

Memory Service – 42 Westbourne Park Road



- More detailed assessment (history, test of mental abilities, brain scan)
- Diagnosis of dementia including type
- Medication – slowing down progression
- Psychosocial interventions – cognitive stimulation therapy, life story group
- Information about services & support through Dementia Adviser

Dementia Adviser Service



Referral criteria for DAS

- INCLUSION CRITERIA

- Westminster resident
- Person with a confirmed diagnosis of dementia, in early stages, living independently in the community (maximum 4 hours/week formal care, not in a residential home)
- Clear need for information/advice on services, community events, legal and financial matters (LPAs etc.), staying active or any other aspect of living well with dementia
- Special focus on isolated individuals with no or limited support network, no or limited access to/knowledge of services in the community
- Special focus on potential Memory Café users
- Consent to be referred and interest in the service

- EXCLUSION CRITERIA

- Carer or family (in need of support in managing symptoms of dementia, behavioural aspects of dementia, specifically carer support etc.)
- Moderate to advanced stages for a primary referral

Collecting, collating and disseminating information

- Pre-diagnostic leaflets
- Living Well with Dementia Guide
- Day centres and Care homes
- LPA – how to set up, how to use it
- Holidays for carers & PWD
- Etc.
- Monthly mailing list
- Resonate Arts – monthly list of events

Memory Cafes



Resonate Arts



Social Services in Westminster



Gadgets and useful things



Accessible transport



Benefits advice – Attendance Allowance



Befriending, outreach, advocacy services



Group support sessions



Dementia Action Alliance

