

London Catalyst

Tackling poverty and improving
health in London since 1873



OUR CHARITABLE AIMS



- c£350,000 across London



- improve health and wellbeing



- help remove people from poverty



- raise awareness of the groups we fund

GRANTS

- to 'make a difference' responding to need or demand, to improve a service.
- Priority income of <£500,000
- Grants range: £1,000 to £10,000 (av. £3,000)
- Collaboration e.g. **'Partners for Health'**

PROJECTS

- **Young Onset Dementia Group** Greenwich
- **Aphasia conversation group** Kingston
- **Social enterprise for PLD** Bromley
- **Peer support isolated new mothers** Merton
- **'Hearing Voices' prison support group** Camden
- **MH arts resource centre** Croydon
- **Rough Sleepers Health Outreach** Ealing

REASONS FOR REFUSAL

- Incomplete/ ineligible /out of area of benefit
- Financial Concerns: e.g. falling income; level +/- reserves; for previous year's running costs; creditors; proposed activity largely covered by other £
- National charity, general appeal
- No health partner or SEND focus/expertise
- Small VCO no relevant expertise
- Central function role
- Repeat request
- Monitoring report not received
- CIC without expertise/governance
- Weak project plan
- School, after-school, summer project

RECENT PROJECTS

**WHOLE
BODY
THERAPY**
£3,500 +
£250 Catalyst
Match

Targeted falls
prevention
activity
programme
for isolated
older people

**JOURNEY OF
HOPE**
£5,000

to train
volunteers to
provide practical
help and build
resilience in
individuals who
are in suicidal
crisis. In
partnership with
the Psychiatry
Liaison Team at St
Mary's Hospital
Paddington

**BIRTH COMPANIONS
(P4H)**
£10,000

to work with the
Whittington Hospital
midwifery service to
provide targeted
antenatal classes for
women with
complex social needs

A successful project will:

- Understand
- Involve
- Evidence
- Know
- Partner
- Champion
- Change

Like the **Maggie Project** providing practical support to mothers and children under 5 in temporary accommodation. A grant of £4,800 established its Volunteer Programme



SAMARITAN GRANTS

- for front line social care/advice agencies to distribute on our behalf (£100 - £1,500)
- **5,000 hardship payments made each year**
- Average payment £16



RESOURCES

www.whatworkswellbeing.org brings together evidence for wellbeing policies and projects

www.instituteofhealthequity.org UCL Institute of Health Equity: for social determinants of health

www.betterevaluation.org to improve evaluation

www.mediatrust.org communication resources

www.mysociety.org changing society using 'civic' technologies and evidence

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Apply online at:

www.londoncatalyst.org.uk

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